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cooking foods easier, it is no surprise that these recipes mirror that concept. Some recipes like Savory Nutmeg Yam Mash is simple, but full of flavor. Most of the ingredients are already in most kitchens.

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Hi Cheryl, Although many Instant Pot recipes can be made in a 3-quart pot &ndash; think side dishes, rice, hard- or soft-cooked eggs &ndash; others will not fit in the 3-quart pot. It mostly depends on the volume of the food, and you never want to exceed the maximum fill line of your pot.

**The Ultimate Instant Pot Cookbook |**

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Preheat the Instant Pot, add the olive oil, and heat for 2 minutes.

Season the ribs with kosher salt and place into the Instant Pot.

Brown the ribs on each side, about 5 minutes per side. Add the stock, wine, and rosemary to the Instant Pot; secure the lid. Press the Manual button and enter 45 minutes.

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COCO MORANTE is a food blogger who runs the extremely popular Instant Pot Recipes Facebook page and writes for her blog, LeftySpoon. She is the author of The Essential Instant Pot Cookbook, The Ultimate Instant

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