

Not Always So Practicing The True Spirit Of Zen Shunryu Suzuki

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Not Always So is based on Shunryu Suzuki's lectures and is framed in his own inimitable, allusive, paradoxical style, rich with unexpected and off–centre insights. Suzuki knew he was dying at the time of the lectures, which gives his thoughts an urgency and focus even sharper than in the earlier book.

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Not Always So: Practicing the True Spirit of Zen by Shunryu Suzuki (2002-05-28) on Amazon.com. *FREE* shipping on qualifying offers. Not Always So: Practicing the True Spirit of Zen by Shunryu Suzuki (2002-05-28)

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While the reader may not rush out and become a practicing Buddhist, the book provides many valuable lessons on the art of slowing down and enjoying life instead of rushing pell-mell through it oblivious to its beauty. Overall, Not Always So provides evidence that Shunryu Suzuki was a master at gentle guidance of souls seeking spiritual fulfillment. As such, the world has lost an invaluable teacher.

Not Always So: Practicing the True Spirit of Zen -- book ...

Not Always So: Practicing the True Spirit of Zen. Not Always So. : Shunryu Suzuki, Edward Espe Brown, Zen Center San Francisco. HarperCollins, May 28, 2002 - Religion - 176 pages. 3 Reviews....

Not Always So: Practicing the True Spirit of Zen - Shunryu ...

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Not Always So: Practicing the True Spirit of Zen by ...

Not always so : practicing the true spirit of Zen by Suzuki, Shunryu, 1904-1971; Brown, Edward Espe. ed; Zen Center San Francisco

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Not Always So NO! Always & 95 Direct ExperCille of Realliy 99 Tme COLicellraliolI 10) W"erever I Go, I Meel Myself 107 Tl,e 6ss of Everyhillg III Silicere Practice 115 Ollle ,vll/, Every/Illlg 120 Wherever You Are, Enlightenment is There Hll,erever YO! Are, Ellllgllflmelll is "niCre 127 Nol Sllcklllg 10 Ellllgllflmelll 1}1}

About the Author

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NOT ALWAYS SO: Practicing the True Spirit of Zen. Shunryu Suzuki, Author, Zen Center San Francisco, Author, Edward Espe Brown, Editor, , edited by Edward Espe Brown. HarperCollins \$22.95 (176p ...

Nonfiction Book Review: NOT ALWAYS SO: Practicing the True ...

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Not Always So: Practicing the True... book by Shunryu Suzuki

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Not Always So Practicing The True Spirit of Zen: Shunryu ...

When we try to be alive, we have trouble. Rather than trying to be alive or active, if we can be calm and die or fade away into emptiness, then naturally we will be all right". — Shunryu Suzuki, Not Always So: Practicing the True Spirit of Zen. tags: emptiness , life , living. 8 likes. Like.

Not Always So Quotes by Shunryu Suzuki - Goodreads

76) 'Not Always So', he says: "What is important is not the teaching, but the character or effort of the student. Even to seek for enlightenment means your mind is not big enough. You are not sincere enough because you have some purpose in your study. And the desire to accomplish something or even to propagate Buddhism is not pure enough."

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