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This one-of-a-kind, comprehensive workbook will help you navigate your gender identity and expression at home, in school, and with peers. If you are a transgender and gender-nonconforming (TGNC) teen, you may experience unique challenges with identity and

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invaluable resource for any youth wanting to explore their gender, and for the professionals and family members accompanying the youth on their venture. Just a generation ago, youth gender quests remained a topic of which we did not speak.

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